

SAYS WE BECOME CRANKS ON HOT WATER DRINKING

Hopes every man and woman adopts this splendid morning habit.

Why is man and woman, half the time, feeling nervous, despondent, worried; some days headachy, dull and unstrung; some days really incapacitated by illness?

If we all would practice the drinking of phosphated hot water before breakfast, what a gratifying change would take place. Instead of thousands of half-sick, anemic-looking souls with pasty, muddy complexions we should see crowds of happy, healthy, rosy-cheeked people everywhere. The reason is that the human system does not rid itself each day of all the waste which it accumulates under our present mode of living. For every ounce of food and drink taken into the system nearly an ounce of waste material must be carried out, else it ferments and forms ptomaine-like poisons in the bowels which are absorbed into the blood.

Just as necessary as it is to clean the ashes from the furnace each day, before the fire will burn bright and hot, so we must each morning clear the insides of the previous day's accumulation of indigestible waste and body toxins. Men and women, whether sick or well, are advised to drink each morning, before breakfast, a glass of real hot water with a teaspoonful of limestone phosphate in it, as a harmless means of washing out of the stomach, liver, kidneys and bowels the indigestible material, waste, sour bile and toxins; thus cleansing, sweetening and purifying the entire alimentary canal before putting more food into the stomach.

Millions of people who had their turn at constipation, bilious attacks, acid stomach, nervous days and sleepless nights have become real cranks about the morning inside-bath. A quarter pound of limestone phosphate will not cost much at the drug store, but is sufficient to demonstrate to anyone, its cleansing, sweetening and freshening effect upon the system.

Flowers

Chrysanthemums are coming in abundance. We have a quantity very choice blooms from our own plants. None better in town. Prices cheap for quality of flowers. Give us your next order. We have nearly everything in the floral line.

C. N. BOND The Florist

'Phone 231-X 3 Locust Street

Shot Guns \$5.00

Al Wood, 38 Main St.

KEROSENE GASOLINE ENGINES PUMPING MACHINERY SAWING ELECTRIC LIGHTING PLANTS FOR COUNTRY HOMES LUNT MOSS CO. BOSTON, MASS.

CLEAR POLICIES REASONABLE RATES General Insurance Agency GEO. M. CLAY BANK BLOCK, BRATTLEBORO

CARL F. CAIN MERCHANT TAILOR 159 Main Street Altering, Repairing, Pressing, Covered Buttons Made

IT PAYS TO ADVERTISE IN THE DAILY REFORMER

TOWNSHEND.

Little Red Schoolhouse Notes.

Mr. Dutton was in Wilmington a few days the first of the week on business. Mrs. Bela Lund and little daughter have gone to South Acworth, N. H., for a visit. Mrs. Cyrus Knapp and child have gone to Westminster, where Mr. Knapp has work.

The Halloween party at the schoolhouse Monday evening was very much enjoyed by all present.

Mrs. E. F. Page spent two days last week visiting Mrs. Joe Lemarche of Wardsboro Center and Mrs. Weatherbee of West Wardsboro.

There was a suitable patriotic ceremony Monday at the little red schoolhouse when the first flag the school has ever had was raised.

Miss Ethel Page has entered the nurses' training course of the Massachusetts state hospital in Northampton, where she expects to take a two years' course.

WEST TOWNSHEND.

Mrs. W. H. Tatt was in Brattleboro Friday.

C. B. Switzer was a business visitor in Brattleboro Tuesday.

Mr. and Mrs. Alfred Cornell were in Brattleboro Tuesday.

The Ladies' Aid society met this week with Mrs. Ann Carr.

Mrs. W. W. Kidder of Wardsboro was in town Tuesday calling on friends.

Mrs. Charles Boyd of Wardsboro is visiting her daughter, Mrs. Walter DeCell.

George Dempsey and family were guests of friends in Grafton the first of the week.

Mrs. George T. Gale has returned from a stay of several weeks with her son, George, in Brattleboro.

Mr. and Mrs. George Williams and family of South Londonderry were guests of Mr. and Mrs. Charles Groat Sunday.

Misses Sade and Betty Whitney of Townsend were visiting last week at E. W. Holden's and Mrs. Ann Carr's.

News has been received by friends here that Miss Sarah Allen of Noyak, Conn., is in a hospital there ill, the result of a shock.

Dr. and Mrs. G. T. Gale and son, George, went Sunday by automobile to visit their son, Harold, and family in Belongs Falls.

Otis Phillips and daughter, Annie, and Mr. and Mrs. F. E. Bartlett and daughter, Belle, of Orange, Mass., were at E. W. Holden's recently.

Miss Edith Harris has finished work at Don Sprague's, where she had been over a year. She is spending a few days in Brattleboro, Putney and West Chesterfield.

Dr. George T. Gale left Wednesday for several weeks' vacation, which he will spend with relatives in Chicago, Indianapolis, Peoria, and other places farther west.

Mr. and Mrs. Frank Smith of Brattleboro were calling on friends in town last week. They had been on a carriage drive to Alstead, N. H., and Acworth, N. H., the former place being Mrs. Smith's early home.

EAST JAMAICA.

Raymond Rhodes is working at Arthur Gleason's.

Leslie Allen of Brattleboro was at N. F. Peirce's last week.

R. E. Robinson was in West Dummerston this week as juror.

Mrs. C. L. Allen of South Londonderry is caring for Miss Florence Allen.

Miss Edith Adams of West Windham was a guest of Miss Iola Gleason Saturday.

Mrs. S. L. Vincent and son, Carl, visited in Windham a few days this week.

Miss Florence Allen, who has been seriously ill, is some better at this writing.

Several from here attended W. G. Adams' auction in West Windham Tuesday.

Mr. and Mrs. N. G. Pierce and sons were in Spofford, N. H., Sunday, making the trip in their new Ford car.

About 100 persons attended the Halloween social Saturday evening at the River schoolhouse. About 25 were present from Townshend. Refreshments were served. The occasion was enjoyed by all.

JAMAICA.

The topic for the regular Sunday morning sermon, November 5, in the Congregational church will be Human Responsibility, and for the children's sermon She Saw the King. Lawrence Cooley will sing a solo, in addition to the regular boy choir selection. The consecration meeting of the Christian Endeavor society will be led by Mrs. Julia Soper. Topic, The Consecration of Social Life.

SOUTH LONDONDERRY.

Mr. and Mrs. Chester Beebe visited in Brattleboro over Sunday.

H. G. Alexander was in Orange, Mass., on a business trip last week.

Mr. and Mrs. W. J. Aldrich entertained a party of 14 at dinner on Sunday.

Mrs. A. M. Goodell of Brooksville, Maine, was a guest at A. P. Cutting's last week.

Mr. and Mrs. O. C. Hall of Manchester spent several days at E. W. Hall's last week.

Mrs. E. A. Melendy returned from a three-weeks' visit in Glens Falls and Troy, N. Y., Sunday.

Rev. and Mrs. A. B. Enright returned Monday from a several weeks' visit in Boston and vicinity.

Arnold Waite, 84, of Rutland, visited his brother, Ira Waite, 87, at John Cummings' last week.

Mrs. M. J. Howard is visiting in Bouckville, N. Y. Mr. Howard accompanied her as far as Utica.

Mr. and Mrs. Beeman Waite and four children of Wells visited at John Cummings' the first of the week.

J. W. Eawright of Medford and Mrs. Winfield Hamlin of Everett, Mass., were recent guests at Rev. A. B. Enright's.

Fred Holland was in town Friday on business.

Mr. and Mrs. W. S. Grimes visited in Readsboro Sunday.

Mr. and Mrs. Brainard Ray spent the weekend in Brattleboro.

Little Lyle Wright is ill at the home of his grandfather, George Ard.

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ACIDS IN STOMACH

SOUR THE FOOD AND CAUSE INDIGESTION

"Pape's Diapiesin" fixes sour, gassy upset stomachs in five minutes.

If what you just ate is souring or your stomach or lies like a lump of lead, refusing to digest, or you belch gas and eructate sour, undigested food or have a feeling of dizziness, heart burn, fullness, nausea, bad taste in mouth and stomach headache, you can surely get relief in five minutes.

Ask your pharmacist to show you the formula, plainly printed on these fifty-cent cases of Pape's Diapiesin, then you will understand why dyspeptic troubles of all kinds must go, and why it relieves sour, out-of-order stomachs or indigestion in five minutes. "Pape's Diapiesin" is harmless; tastes like candy, though each dose will digest and prepare for assimilation into the blood at the food you eat; besides, it makes you go to the table with a healthy appetite; but what will please you most is that you will feel that your stomach and intestines are clean and fresh, and you will not need to resort to laxative or liver pills for biliousness or constipation.

This city will have many "Pape's Diapiesin" cranks, as some people will call them, but you will be enthusiastic about this splendid stomach preparatory, too, if you ever take it for indigestion, gases, heartburn, sourness, dyspepsia, or any stomach misery.

Get some now, this minute, and rid yourself of stomach misery and indigestion in five minutes.—Advt.

MINNESOTA has 2,000,000 acres of farm lands awaiting settlement.

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VERNON.

Union Church Association Meets.

The annual meeting of Vernon Union church association was held in the vestry room of the church Friday evening. A very pleasant social evening was enjoyed by the members and several of their friends. A beautiful supper was served early in the evening, followed by the business meeting. The officers elected for the ensuing year are: Pres., Dr. N. P. Wood; vice pres., Mrs. H. A. Staten; sec. and treas., Mrs. M. I. Reed; ex. com., Dr. N. P. Wood, Mrs. E. H. Akley, Mrs. H. A. Staten, Mrs. B. A. Streeter, H. A. Staten; auditors, Mrs. N. P. Wood, J. T. Wright and G. E. Fairman; trustees of the Hattie E. Simonds bequest, Dr. N. P. Wood, H. A. Staten, J. T. Wright. The vestry room was decorated with beautiful yellow and white chrysanthemums that were later presented to those present and to shut-ins.

Mrs. Howe of Townshend was a guest recently of Mrs. D. P. Prescott.

Rev. D. E. Trout will preach in Union church Sunday at 2.30 p. m.

There will be a regular meeting of Vernon Grange Saturday evening, Nov. 4.

C. A. Harmon went Wednesday to Buckland, Mass., where he has employment.

The Vernon free library will be open Saturday, Nov. 4, from 1 to 5 p. m.

Miss Louise Babbitt of Brattleboro is spending a few days at the home of J. T. Wright.

C. E. Davis spent the week-end with his daughter, Mrs. A. D. Reynolds, in Brattleboro.

Miss Elizabeth Graham of Northfield spent the week-end with her sister, Mrs. H. A. Brown.

Mr. and Mrs. A. S. Chapin of Swampscott, Mass., were guests Sunday of his sister, Mrs. B. H. Newton.

Mr. and Mrs. C. E. Davis attended a meeting of Henry Johnson post, G. A. R., in Northfield last week.

Mr. and Mrs. H. A. Staten spent the week-end in Peterboro, N. H. Mrs. Mary Sawyer returned with them for a visit.

J. T. Wright and Mrs. Squiers spent Tuesday in Springfield, Mass., with Mr. and Mrs. Charles Richardson of Brattleboro.

Mr. and Mrs. Malcolm Barney and two daughters and Mrs. Ezra Barney of Londonderry spent the week-end with Mr. and Mrs. B. A. Streeter.

Mrs. Herman Brown has received news of the safe arrival of her sister, Miss Evelyn Graham, at Liverpool, England. She sailed on the St. Louis from New York for that point Oct. 14.

Recent guests at Mrs. M. I. Reed's have been Mrs. J. S. Cutting of West Brattleboro, Mrs. E. S. Edwards, Miss Julia Simonds, Dorothy and Clarissa Edwards of Brattleboro and Mr. and Mrs. E. A. Reed and W. E. Graham of Brooklyn.

On Tuesday evening of last week a number of neighbors met at the home of R. N. Clark to remind John Barrows, who makes his home there, of his 70th birthday anniversary. Music, games and a general good time were enjoyed and refreshments were served.